
General Biostatistics

Part 8

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Common Statistical Methods

Sample Size and Power

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Outline

- Sample size for one group
 - precision
 - hypothesis testing
- Sample size for two independent groups
 - hypothesis testing
- Other methods for sample size calculation

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Sample Size (SS) for One Group

- Based on precision of estimation: desire confidence interval of a certain width
- Based on hypothesis testing

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One Group SS (Estimation)

- Based on *precision* of estimation: desire confidence interval of a certain width
 - Requires:
 - α (significance level)
 - width of interval
 - estimate of variance or proportion

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One Group SS- Continuous

- For a continuous variable, the 95% CI is

$$\bar{x} \pm 1.96 \frac{\sigma}{\sqrt{n}} = \bar{x} \pm d \quad n = \frac{1.96^2 \sigma^2}{d^2}$$

- Need to specify d (1/2 the width of the CI)
- Need to estimate σ^2

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Example: One Group SS- Continuous

- We are interested in estimating the mean age at cancer diagnosis for a certain group of patients.
 - Suppose we would like to estimate the mean age within ± 2.5 years (95% CI of width 5 years).
 - Suppose that we estimate the population standard deviation as 12 years.

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Example: One Group SS- Continuous

- We would need a sample size of 89 patients in order to estimate the mean age at diagnosis to within ± 2.5 years

$$n = \frac{1.96^2 \sigma^2}{d^2} = \frac{1.96^2 12^2}{2.5^2} = 89 \text{ patients}$$

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One Group SS - Dichotomous

- For a dichotomous variable, the 95% CI is

$$\hat{p} \pm 1.96 \sqrt{\frac{\hat{p}\hat{q}}{n}} = \hat{p} \pm d \quad n = \frac{1.96^2 \hat{p}\hat{q}}{d^2}$$

- Need to specify d (1/2 the width of the CI)
- Need to estimate p

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Example: One Group SS- Dichotomous

- We are interested in estimating the proportion of patients with sleep disturbance who are symptom-free 18 months after treatment.
 - Suppose we would like to estimate the proportion symptom-free within $\pm 3\%$ (95% CI of width 6%).
 - Suppose that we estimate p as 0.20 (based on a previous report in the literature).

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Example: One Group SS- Dichotomous

- We would need a sample size of 683 patients in order to estimate the proportion symptom-free to within $\pm 3\%$

$$n = \frac{1.96^2 pq}{d^2} = \frac{1.96^2 (0.2)(0.8)}{0.03^2} = 683 \text{ patients}$$

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Example: One Group SS- Dichotomous

- What sample size is needed to estimate the proportion symptom-free to within $\pm 5\%$?

$$n = \frac{1.96^2 pq}{d^2} = \frac{1.96^2 (0.2)(0.8)}{0.05^2} = 246 \text{ patients}$$

- What sample size is needed to estimate the proportion symptom-free if p is unknown?

$$n = \frac{1.96^2 pq}{d^2} = \frac{1.96^2 (0.5)(0.5)}{0.05^2} = 384 \text{ patients}$$

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One Group SS (Hypothesis Testing)

- Sample size for one group based on *hypothesis testing*
 - Requires:
 - α (significance level)
 - $1 - \beta$ (statistical power)
 - clinically meaningful difference μ_0 and μ_a
 - estimate of variance in the group

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Review of Errors

- Type I error = reject a true H_0
- α = the probability of a Type I error
- Type II error = “accept” a false H_0
- β = the probability of a Type II error
- Power = $1 - \beta$ = the probability of correctly rejecting H_0

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One Group SS: Continuous

- $H_0: \mu = \mu_1$
- $H_a: \mu = \mu_2$
- $\Delta = \mu_1 - \mu_2$

$$n = \frac{(z_{\alpha/2} + z_{\beta})^2 \sigma^2}{\Delta^2}$$

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One Group SS: Dichotomous

- $H_0: p = p_1$
- $H_a: p = p_2$
- $\Delta = p_1 - p_2$

$$n = \frac{(z_{\alpha/2} + z_{\beta})^2 pq}{\Delta^2}$$

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Sample Size for Two Groups

- Sample size for two group hypothesis testing
 - Requires:
 - α (significance level)
 - $1 - \beta$ (statistical power)
 - clinically meaningful difference between groups
 - estimate of variance in each group

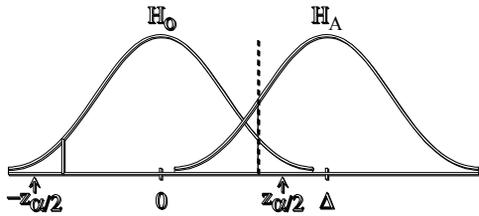
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Sample Size for Two Groups

- Continuous outcome:
 - $H_0: \mu_1 - \mu_2 = 0$
 - $H_a: \mu_1 - \mu_2 = \Delta$
- Dichotomous outcome:
 - $H_0: p_1 - p_2 = 0$
 - $H_a: p_1 - p_2 = \Delta$

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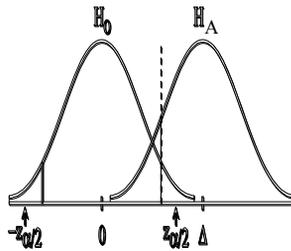
α (significance level)



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Choices of α

- Z_{α} may be one-sided or two-sided
- Usually $\alpha = 0.05$ and $Z_{\alpha} = 1.645$, $Z_{\alpha/2} = 1.96$

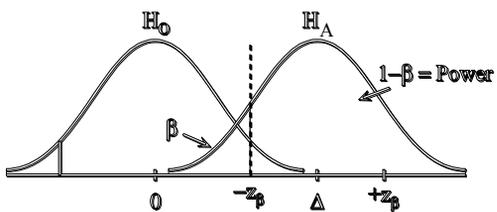


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β and Power

$$H_0 : \mu_1 - \mu_2 = 0$$

$$H_A : \mu_1 - \mu_2 = \Delta$$



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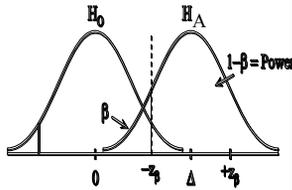
Choices of β

- Z_β is always one-sided

$$H_0: \mu_1 - \mu_2 = 0$$

$$H_A: \mu_1 - \mu_2 = \Delta$$

- Usually $\beta=0.20$ and $Z_\beta=0.84$ or $\beta=0.10$ and $Z_\beta=1.28$



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Sample Size for Two Groups

- Equal sample sizes for 2 groups: continuous outcome

$$n = \frac{(z_{\alpha/2} + z_\beta)^2 (\sigma_1^2 + \sigma_2^2)}{\Delta^2}$$

- Equal sample sizes for 2 groups: dichotomous outcome

$$n = \frac{(z_{\alpha/2} \sqrt{p\bar{q}} + z_\beta \sqrt{p_1q_1 + p_2q_2})^2}{\Delta^2}$$

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What influences sample size?

- Continuous outcome

$$n = \frac{(z_{\alpha/2} + z_\beta)^2 (\sigma_1^2 + \sigma_2^2)}{\Delta^2}$$

- Estimates of population variances
- Estimated difference in average outcome
- α and β

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What influences sample size?

- Dichotomous outcome

$$n = \frac{(z_{\alpha/2} \sqrt{p_1 q_1} + z_{\beta} \sqrt{p_1 q_1 + p_2 q_2})^2}{\Delta^2}$$

- Estimates of p_1 or p_2
- Estimated difference in outcome
- α and β

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Example: Two Group SS- Continuous

- We would like to determine the sample sizes required to detect a difference of 5 mm in average blood pressure between individuals receiving placebo versus drug.
 - Assume a significance level of 0.05 and power of 0.80
 - Assume $\sigma_1 = \sigma_2 = 15$ mm
 - Assume equal sample sizes in both groups

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Example: Two Group SS- Continuous

- We would need a sample size of 142 patients in each group in order to detect a 5 mm difference in average blood pressure

$$n = \frac{(z_{\alpha/2} + z_{\beta})^2 (\sigma_1^2 + \sigma_2^2)}{\Delta^2}$$

$$n = \frac{(1.96 + 0.84)^2 (15^2 + 15^2)}{5^2} = 142$$

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Stata Output

```
. sampsi 0 5, sd1(15) sd2(15) p(0.8)
Estimated sample size for two-sample comparison of means
Test Ho: m1 = m2, where m1 is the mean in population 1
and m2 is the mean in population 2
Assumptions:
      alpha = 0.0500 (two-sided)
      power = 0.8000
      m1 = 0
      m2 = 5
      sd1 = 15
      sd2 = 15
      n2/n1 = 1.00
Estimated required sample sizes:
      n1 = 142
      n2 = 142
```

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Sample Size Table ($\alpha=0.05$, $\beta=0.20$)

Assumed SD	Difference of Interest between Groups (Δ)		
	5	10	15
15	142	36	16
20	566	142	63

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Example: Two Group SS- Dichotomous

- We would like to determine the sample sizes required to detect a difference in response rate of 10% between individuals receiving new versus standard treatment.
 - Assume a significance level of 0.05 and power of 0.80
 - Assume $p_1=0.25$ in the standard treatment
 - Assume equal sample sizes in

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Example: Two Group SS- Dichotomous

- We would need a sample size of 207 patients in each group in order to detect a 10% increase with the new treatment.

$$n = \frac{(z_{\alpha/2} \sqrt{p_1 q_1} + z_{\beta} \sqrt{p_1 q_1 + p_2 q_2})^2}{\Delta^2}$$
$$n = \frac{(1.96 \sqrt{(0.3)(0.7)} + 0.84 \sqrt{(0.25)(0.75) + (0.35)(0.65)})^2}{0.10^2}$$
$$n = 207$$

Sample Size Considerations

- The best estimated sample size is not just a single calculation
- What sample size is required when the assumptions are varied?
- The estimated sample size should allow for fluctuations in assumptions and our lack of knowledge

Sample Size Considerations

- Sample size may need to be inflated for drop-out, treatment cross-over
- Statistical versus practical considerations
 - Cost
 - Feasibility

Other Methods for SS Calculation

- Time to event analysis
- Rates and person-time
- Repeated measures over time; correlated observations

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Summary

- Sample size calculation for a single group may be based on precision or on hypothesis testing.
- Sample size calculation for two groups is often based on hypothesis testing
 - Ho of no difference between groups
 - The aim is to reject the Ho and conclude that there appears to be a difference

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